LITTLE 3 Birds JAMAICAN JERK CHICKEN

MORNING AFTERNOON TEA MENU

HOT PASTRY & SAVOURY

Mini Warm Croissants filled with Shaved Ham, Tomato and Cheese
$4.70 each

Mini Warm Croissants filled with Mushrooms, Tomato, and Cheese
$4.70 each

Sausage roll - House Sausage Rolls with tomato relish **$4.70 each**

Spinach & Ricotta cake (GF)
$7.20 each

Spinach & Sour cream Pastie
$4.70 each

Vegetable Samosas with Mango Chutney (V)
$4.70 each

Min 8
each order

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MORNING AFTERNOON TEA MENU

COLD PASTRY & SAVOURY

3LB Classic Club Sandwiches with Assorted Fillings (Tuna + Chicken)
$4.70 each

3LB Vegetable Club Sandwiches with Assorted Fillings (cucumber, tomatoes, etc) (GF, V)
$4.70 each

3LB Orange Club sandwich: smoked salmon and cream cheese, cucumber and sprouts
$4.70 each

3LB Sunshine Wraps: Free range chicken breast, mango slaw, and coconut dressing (DF)
$5.70 each

Min 8
each order

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EVERGREEN SALADS - SHARED BOWLS

3LB Natural Evergreen Mystic Salad, a medley of green salad, cucumber, grape tomatoes, and sweet onion with lemon oil (GF, DF,V)
$4.70 each Sharing Bowls

3LB Roasted Calypso vegetable Salad, chili lime dressing, crushed green plantains, coriander, and yogurt (GF, V)
$4.70 each Sharing Bowls

Min 8
each order

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3LB LUNCH BOX

Lunch Box - Includes a delicious bread roll or wrap, a salad, and a sweet. All are included in a convenient single-serve and environment-friendly container.
$12.00 each

Min 6
each order

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SOM'TING SWEET

Frian (GF) **$4.70 each**

Apple Pies **$4.70 each**

Neenish Tart **$4.70 each**

Rhubarb Tart **$4.70 each**

Cheese scone with butter on the side
$4.70 each

Date scone (VG) **$4.70 each**

Mini carrot cake **$4.70 each**

Mini Orange almond cake (VG) **$4.70 each**

Mini lemon sour cake **$4.70 each**

Mini pear & ginger cake **$4.70 each**

Mini dark chocolate & Berry cake **$4.70 each**

Min 8
each order

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MORNING AFTERNOON TEA MENU

FRUIT PLATTER + DRINKS

Fresh seasonal fruit platter
$4.70 each (Min 8)

Jucy Lucy Orange Juice - 2 Litre
$15.00

Phoenix Orange Mango Apple Organic - 275ml
$5.00 each (Min 8)

Tea, Barista coffee, milk, sugar
$3.00 each for Tea
$4.50 each for Barista coffee

Min 8
each order

Pricing

All prices excludes GST

Special instructions / dietary requirements:

If you have a food allergy, intolerance, or sensitivity, please indicate your dietary requirements about ingredients in our menus before you make an order. Usually, if needs be, we can accommodate creating a special menu for those individuals at a charge of $25pp.

Dairy Free – DF

Gluten Free – GF

Vegetarian – V

Vegan – VG

Email
orders@3littlebirdsjerk.co.nz

Phone
+64 210 873 0699

Address
17 Bannister Ave, Johnsonville
Wellington 6037

CHOOSE US

FOR YOUR NEXT EVENT

WE VALUE THE EXPERIENCE

EARLY MORNING & AFTERNOON DELIGHTS!

BE SOCIAL
@3Lilbirdsjerk

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